

When to use Nasaleze Travel

Take **Nasaleze Travel** before symptoms start.

To defend against airborne viruses, **Nasaleze Travel** should be taken prior to exposure to a high virus risk environment. If travelling all day **Nasaleze Travel** should be applied 2 to 3 times over the course of the day.

If symptoms of cold or flu have already started before taking **Nasaleze Travel**, you can still apply **Nasaleze** to shorten its duration.

If concurrent use of another nasal spray is required, **Nasaleze Travel** should be re-applied afterwards so that the barrier created is not disturbed.

Nasaleze Travel can be used in addition to other treatments, as part of a combination therapy strategy in the fight against cold and flu.

Who can use Nasaleze Travel?

- **Nasaleze Travel** is suitable for adults, athletes, pregnant and breast-feeding women and children from 3 years.
- **Nasaleze Travel** does not contain any drugs or medicines.
- **Nasaleze Travel** has a good safety profile.
- **Nasaleze Travel** is non-drowsy.

How does Nasaleze Travel work?

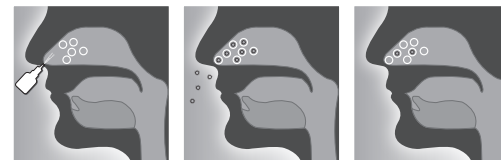
Recycled air on aeroplanes, trains and buses can easily spread germs and leave us vulnerable to catching a virus.

Nasaleze Travel is a powder nasal spray. The powder turns to a gel in the nose which creates a barrier to shield, protect and deactivate airborne germs and viruses.

Nasaleze Travel can shorten the duration and severity of cold and flu-like symptoms.

Nasaleze Travel can help stop the reappearance of virus-related cold and flu-like symptoms.

The **Nasaleze Travel** treatment action has been proven in 9 clinical studies.



SPRAY → **TRAP & PROTECT** → **HELPS DEFEND AGAINST GERMS & VIRUSES**

Ingredients

- HPMC 93%
- Peppermint powder 2%
- European wild garlic powder 5%

Suitable for vegans

Manufacturer:
Nasaleze Ltd, Unit 3, Woodside House, Ballafletcher Business Park, Douglas, IM4 4QE, Isle of Man, UK

UK Responsible Person:
Atlantic Bridge, 19 Willowside, Woodley, Berkshire, RG5 4HJ, UK

European Authorised Representative:
Acorn Regulatory Consultancy Services Ltd, Knockmorris, Cahir, Co. Tipperary, E21 R766, Ireland

Importer:
Nasaleze International Ltd, Nunnery Mills, Old Castletown Road, Douglas, IM2 1QA, Isle of Man, UK

Symbols explained			
UK Conformity Assessed	Single Patient Use	Importer	Patient information website
CE Marking of Conformity	Use-by Date	Manufacturer	Caution
LOT Batch Code	European Authorised Representative	Consult instructions for use	MD Medical Device
		Keep Dry	

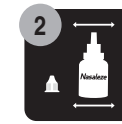
Text revised 11/22 by Nasaleze Group
NASA-TRAVEL 11/22

How to use Nasaleze Travel

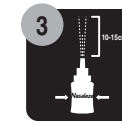
To defend against airborne viruses, **Nasaleze Travel** needs to be applied 2 to 3 times per day to maintain an effective barrier. Or if symptoms have already started take **Nasaleze Travel** 3 times per day until symptoms disappear.



1 Blow your nose to clear the nasal passage.



2 Remove the cap and shake the bottle side to side.



3 Do a test spray to check the pressure required for the ideal dose. Which is a 10 to 15cm plume of powder. If you find the bottle is too stiff to squeeze with one hand, then use both.



4 Place the nozzle of the bottle just inside your nose.



5 Apply 1 to 2 sprays into each nostril. Inhale gently whilst squeezing the bottle, don't inhale deeply. **Nasaleze** should be taken 2 to 3 times per day and re-use it each time you blow your nose.



Scan for video instructions on how to use **Nasaleze**

If Nasaleze Travel is not adequately relieving your symptoms...

- Consult your physician about what medication you could take to supplement your **Nasaleze Travel** in the fight against cold and flu.
- Read the above guidance carefully and try **Nasaleze Travel** using the above 5 steps.



How to store Nasaleze Travel

- Keep out of reach of young children.
- Keep dry
- Do not rinse the bottle with water or other liquid as this may block the bottle.
- Do not use if tamper evident seal is broken.
- Always replace the cap.
- Store at room temperature, or between 5°C and 30°C
- Once opened use within 6 months.
- Do not refrigerate or freeze.



Contraindications

- Not suitable for children under 3 years.
- Do not use this product if you are sensitive to cellulose, mint or garlic.
- Avoid contact with eyes.
- Avoid contact with open wounds.
- If powder gets into your eye, rinse with water.
- To avoid contamination do not use this product for more than one person.
- During first use, you may experience a tingling or burning sensation in the nose or light sneezing. This is a transient sensation that will go away as you become used to taking **Nasaleze Travel**.
- You may also feel some form of irritation, especially if your nasal membranes are already inflamed or irritated. This will subside quickly.
- Some individuals can feel a slight sensation of a blocked nose, this is normal and is the feel of the barrier created by **Nasaleze Travel**. In case of experiencing more than a slight sensation of blocked nose it is possible the product is being overused.
- If you experience serious discomfort after application of **Nasaleze Travel** consult your physician.
- If concurrent use of another nasal spray is required, **Nasaleze Travel** should be re-applied afterwards so that the barrier created is not disturbed.
- Very few cases of allergic reactions to this product have been reported. Minor reports received have been blocked nose, runny nose, sneezing, sore throat. If you experience reactions more severe than this then use of the product should be discontinued immediately and if symptoms persist, consult your physician. Contact the manufacturer and competent authority.
- In extremely rare cases this product can cause a minor nosebleed.
- Do not use for more than 30 days continuously.



For more information visit:
www.nasaleze.com

