

When to use Nasaleze Cold & Flu Blocker

Take **Nasaleze Cold & Flu Blocker** before symptoms start.

Nasaleze Cold & Flu Blocker is a preventative treatment in the fight against cold and flu viruses.

Nasaleze Cold & Flu Blocker has been clinically proven to help stop the onset of a cold or flu. If symptoms of cold or flu have already started before taking **Nasaleze Cold & Flu Blocker**, you can still apply **Nasaleze** to shorten its duration.

Nasaleze Cold & Flu Blocker is clinically proven to work effectively in adults and children from 3 years.

If concurrent use of another nasal spray is required, **Nasaleze Cold & Flu Blocker** should be re-applied afterwards so that the barrier created is not disturbed.

Nasaleze Cold & Flu Blocker can be used in addition to medicines, as part of a combination therapy strategy in the fight against cold and flu.

Who can use Nasaleze Cold & Flu Blocker?

- **Nasaleze Cold & Flu Blocker** is suitable for adults, athletes, pregnant and breast-feeding women and children from 3 years.
- **Nasaleze Cold & Flu Blocker** does not contain any drugs or medicines.
- **Nasaleze Cold & Flu Blocker** has a good safety profile.
- **Nasaleze Cold & Flu Blocker** is non-drowsy.

How does Nasaleze Cold & Flu Blocker work?

The most common route of infection for colds and flu is through the nose. Cold and flu viruses enter the nose and attach to the nasal lining, where they multiply and spread. This then leads to symptoms, such as a blocked or runny nose, sore throat, headache and coughing. In the initial stages of a disease you often cannot distinguish between the common cold and influenza. Influenza is a potentially serious disease; the definitive diagnosis requires a physician.

Nasaleze Cold & Flu Blocker is a powder nasal spray. The powder turns to a gel in the nose which creates a barrier to shield, protect and deactivate airborne germs and viruses.

Nasaleze Cold & Flu Blocker can shorten the duration and severity of cold and flu-like symptoms.

Nasaleze Cold & Flu Blocker can help stop the reappearance of virus-related cold and flu-like symptoms.

The **Nasaleze Cold & Flu Blocker** treatment action has been proven in 9 clinical studies.



SPRAY → **TRAP & DEACTIVATE** → **HELPS DEFEND AGAINST COLD & FLU**

Ingredients

- HPMC 93%
- Peppermint powder 2%
- European wild garlic powder 5%

Suitable for vegans

Manufacturer:
Nasaleze Ltd, Unit 3, Woodside House, Ballafletcher Business Park, Douglas, IM4 4QE, Isle of Man, UK

UK Responsible Person:
Atlantic Bridge, 19 Willowside, Woodley, Berkshire, RG5 4HJ, UK

European Authorised Representative:
Acorn Regulatory Consultancy Services Ltd, Knockmorris, Cahir, Co. Tipperary, E21 R766, Ireland

Importer:
Nasaleze International Ltd, Nunnerly Mills, Old Castletown Road, Douglas, IM2 1QA, Isle of Man, UK

Symbols explained			
UK Conformity Assessed	Single Patient Use	Importer	Caution
CE Marking of Conformity	Use-by Date	Manufacturer	MD Medical Device
LOT Batch Code	European Authorised Representative	Consult instructions for use	Keep Dry

Text revised 11/22 by Nasaleze Group
NASA-COLD 11/22

How to use Nasaleze Cold & Flu Blocker

To defend against cold and flu, **Nasaleze Cold & Flu Blocker** needs to be applied 2 to 3 times per day to maintain an effective barrier. Or if symptoms have already started take **Nasaleze Cold & Flu Blocker** 3 times per day until symptoms disappear.

- Blow your nose to clear the nasal passage.
- Remove the cap and shake the bottle side to side.
- Do a test spray to check the pressure required for the ideal dose. Which is a 10 to 15cm plume of powder. If you find the bottle is too stiff to squeeze with one hand, then use both.
- Place the nozzle of the bottle just inside your nose.
- Apply 1 to 2 sprays into each nostril. Inhale gently whilst squeezing the bottle, don't inhale deeply. Nasaleze should be taken 2 to 3 times per day and re-use it each time you blow your nose.



Scan for video instructions on how to use Nasaleze

If Nasaleze Cold & Flu Blocker is not adequately relieving your symptoms...

- Consult your physician about what medication you could take to supplement your **Nasaleze Cold & Flu Blocker** in the fight against cold and flu.
- Read the above guidance carefully and try **Nasaleze Cold & Flu Blocker** using the above 5 steps.



For more information visit:
www.nasaleze.com



How to store Nasaleze Cold & Flu Blocker

- Keep out of reach of young children.
- Keep dry
- Do not rinse the bottle with water or other liquid as this may block the bottle.
- Do not use if tamper evident seal is broken.
- Always replace the cap.
- Store at room temperature, or between 5°C and 30°C
- Once opened use within 6 months.
- Do not refrigerate or freeze.



Contraindications

- Not suitable for children under 3 years.
- Do not use this product if you are sensitive to cellulose, mint or garlic.
- Avoid contact with eyes.
- Avoid contact with open wounds.
- If powder gets into your eye, rinse with water.
- To avoid contamination do not use this product for more than one person.
- During first use, you may experience a tingling or burning sensation in the nose or light sneezing. This is a transient sensation that will go away as you become used to taking **Nasaleze Cold & Flu Blocker**.
- You may also feel some form of irritation, especially if your nasal membranes are already inflamed or irritated. This will subside quickly.
- Some individuals can feel a slight sensation of a blocked nose, this is normal and is the feel of the barrier created by **Nasaleze Cold & Flu Blocker**. In case of experiencing more than a slight sensation of blocked nose it is possible the product is being overused.
- If you experience serious discomfort after application of **Nasaleze Cold & Flu Blocker** consult your physician.
- If concurrent use of another nasal spray is required, **Nasaleze Cold & Flu Blocker** should be re-applied afterwards so that the barrier created is not disturbed.
- Very few cases of allergic reactions to this product have been reported. Minor reports received have been blocked nose, runny nose, sneezing, sore throat. If you experience reactions more severe than this then use of the product should be discontinued immediately and if symptoms persist, consult your physician. Contact the manufacturer and competent authority.
- In extremely rare cases this product can cause a minor nosebleed.
- Do not use for more than 30 days continuously.